



West Virginia Judicial & Lawyer Assistance Program

2000 Dietrick Boulevard
Charleston, WV 25526

ASSISTING WEST VIRGINIA ATTORNEYS, JUDGES, BAR APPLICANTS AND
LAW STUDENTS

ALL COMMUNICATIONS ARE CONFIDENTIAL

(304) 553-7232

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SUBSTANCE ABUSE & MENTAL HEALTH ATTORNEY WELLNESS



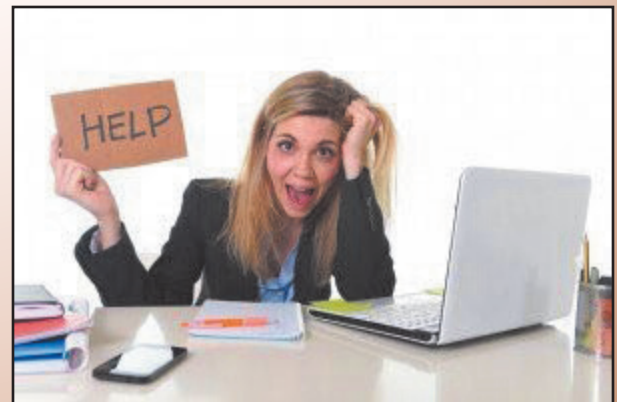
More than **20%** of licensed attorneys drink at levels that are considered “hazardous, harmful and potentially alcohol dependent”

The rate of problem drinking is **3X** higher for lawyers than the general public



The highest overall problem drinking rates (**32.3%**) are among lawyers under the age of 30

61% of lawyers reported experiencing anxiety some time over the course of their career & **46%** reported depression



WVJLAP is a free and confidential assistance program providing consultation, referral, intervention, crisis management, monitoring and peer support for lawyers, judges bar applicants law students and their families who are struggling with retirement, stress, anxiety, depression, substance abuse, suicidal ideation or other mental/physical/emotional health issues.

WVJLAP can help with issues such as retirement, stress, anxiety, burnout, depression, work/life balance, substance abuse, co-dependency/relationship issues, conflicts with colleagues or family, compulsive behaviors, grief, trauma, and more. No problem is too big or too small.

WVJLAP can help identify problems or impairments, provide peer intervention and support, and refer for professional help when necessary.

WVJLAP's work also contributes to the protection of the public and the improvement of the integrity and reputation of the legal profession. Statistics support that assistance to an affected lawyer often prevents future consequences and ethical violations, thereby reducing the number of legal, employment and disciplinary actions.



**Problems are not a sign of failure, but
an opportunity for growth.**

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