



2019 WVJLAP Retreat Agenda

Friday, April 12th:

6:00p.m.

Arrival

Open Board Meeting, Dinner provided at Stillwaters

8:00 p.m.

Twelve Step Open Meeting

Saturday, April 13th:

8:00 a.m. to 9:00 a.m.

Breakfast at Stillwaters

9:00 a.m. to 9:50 p.m.

Attorney Wellness Presentation; Yvette Horrigan, Executive Director of the Kentucky Lawyer Assistance Program.

10:00 a.m. to 11:50 a.m.

Practice Better, Feel Better, Be Better;
Brenda Waugh & Elliot Hicks

12:00 p.m. to 1:00 p.m.

Lunch at Stillwaters

1:00 p.m. to 6:00 p.m.

Free Time for Networking, Golf, and other Park Activities

7:00 p.m. to 8:30 p.m.

Banquet (Speaker Dante di'Trapano)

Sunday, April 21st:

8:00 a.m. – 9:00 a.m.

Breakfast at Stillwaters

9:00 a.m. – 10:00 a.m.

Ann Bostic, CRNA; American Association of Nurse
Anesthetists, Regional Advisor for the AA/NA Wellness/Peer
Assistance Committee

10:00 a.m. – 11:00 a.m.

Life Coaching/WVJLAP Volunteer Training
(Large Conference Room)

10:00 a.m. – 11:00 a.m.

Recovery Trek Participant Training (Small Conference Room)