

**2019 WVJLAP Retreat Agenda**

**Friday, April 12th: Arrival**

**6:00p.m. Open Board Meeting, Dinner provided at Stillwaters**

**8:00 p.m. Twelve Step Open Meeting**

**Saturday, April 13th:**

**8:00 a.m. to 9:00 a.m. Breakfast at Stillwaters**

**9:00 a.m. to 9:50 p.m. Attorney Wellness Presentation; Yvette Horrigan, Executive Director of the Kentucky Lawyer Assistance Program. (1 CLE)**

**11:00 a.m. to 11:50 a.m. Implementing Wellness in Your Daily Life;**

**Brenda Waugh & Elliot Hicks (2 CLEs)**

**12:00 p.m. to 1:00 p.m. Lunch at Stillwaters**

**1:00 p.m. to 6:00 p.m. Free Time for Networking, Golf, and other Park Activities**

**7:00 p.m. to 8:30 p.m. Banquet (Speaker Dante di’Trapano) (1 CLE)**

**Sunday, April 21st:**

**8:00 a.m. – 9:00 a.m. Breakfast at Stillwaters**

**9:00 a.m. – 10:00 a.m. Ann Bostic, CRNA; American Association of Nurse**

**Anesthetists, Regional Advisor for the AA/NA Wellness/Peer Assistance Committee (1 CLE)**

**10:00 a.m. – 11:00 a.m. Life Coaching/WVJLAP Volunteer Training (Large Conference Room) (1 CLE)**

**10:00 a.m. – 11:00 a.m. Recovery Trek Participant Training (Small Conference Room)**