



**Problems are not a sign of failure, but  
an opportunity for growth.**

**(304) 553-7232**

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Charleston, WV 25311

ASSISTING WEST VIRGINIA ATTORNEYS, JUDGES,  
BAR APPLICANTS AND LAW STUDENTS

**ALL COMMUNICATIONS ARE CONFIDENTIAL**  
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# SUBSTANCE ABUSE & MENTAL HEALTH ATTORNEY WELLNESS



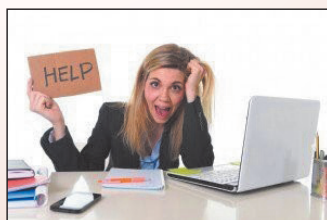
More than 20% of licensed attorneys drink at levels that are considered “hazardous, harmful and potentially alcohol dependent”

The rate of problem drinking is 3X higher for lawyers than the general public



The highest overall problem drinking rates (32.3%) are among lawyers under the age of 30

61% of lawyers reported experiencing anxiety some time over the course of their career & 46% reported depression



WVJLAP is a free and confidential assistance program providing consultation, referral, intervention, crisis management, monitoring and peer support for lawyers, judges, bar applicants, law students and their families, who are struggling with any physical/mental/emotional health issues.

WVJLAP can help with issues such as retirement, stress, anxiety, burnout, depression, work/life balance, substance abuse, co-dependency/relationship issues, conflicts with colleagues or family, compulsive behaviors, grief, trauma, and more. No problem is too big or too small.

WVJLAP can help identify problems or impairments, provide peer intervention and support, and refer for professional help when necessary.

WVJLAP's work also contributes to the protection of the public and maintaining the integrity of the legal profession.

Statistics support that assistance to an affected member of the legal profession often prevents future consequences and ethical violations, thereby reducing the number of legal, employment and disciplinary actions.