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**2020 WVJLAP Retreat Agenda**

**Friday, April 17th: Arrival**

**6:00p.m. Board Meeting**

**8:00 p.m. Twelve Step Open Meeting**

**Saturday, April 18th:**

**8:00 a.m. to 9:00 a.m. Registration & Continental Breakfast**

**9:00 a.m. to 9:50 p.m. “ASAM Safety Sensitive Workers & Best Practices”; Buddy Stockwell, Esq., Executive Director of the Louisiana Judges and Lawyers Assistance Program**

**10:00 a.m. to 11:50 a.m. “Decide to Thrive: The Case for Lawyer Well-Being”; Brian Krolczyk, Ph.D, Executive Health Coach, and Julie Krolczyk, Esq., Health & Life Coach**

**12:00 p.m. to 1:00 p.m. Break for Lunch**

**1:00 p.m. to 6:00 p.m. Free Time for Networking, Golf, and other Park Activities**

**7:00 p.m. to 8:30 p.m. Banquet (Speaker Lauri Besden, Esq., Executive Director of Pennsylvania Lawyers Concerned for Lawyers)**

**Sunday, April 19th:**

**8:00 a.m. – 9:00 a.m. Registration & Continental Breakfast**

**9:00 a.m. – 10:00 a.m. “The Self-Compassion Solution to Job Burnout”;** **Stephanie Thornton, MSW, Criminal Justice Specialist for WV Public Defender Services**

**10:00 a.m. – 11:00 a.m. WVJLAP Volunteer Training, Robert Albury, J.D., WVJLAP Executive Director, and Buddy Stockwell, Esq., LJLAP Executive Director**