

# WVJLAP Conference & Retreat

May 17 – 19, 2024 • Stonewall Resort, Roanoke, WV

## Friday, May 17, 2024

10:00 am - 2:00 pm	West Virginia Supreme Court Task Force on Lawyer Well-Being (Closed Meeting)	Maple Room
6:00 pm - 8:00 pm	WVJLAP Board Meeting	Maple Room
8:00 pm - 9:00 pm	Lawyers Support Group (Open Meeting)	Greenbrier Room

## Saturday, May 18, 2024

8:00 am - 8:30am	Registration & Continental Breakfast (Snacks/refreshments available 8am-12:30pm)	
8:30 am – 8:40 am	Opening Remarks by <b>Justice Elizabeth Walker</b>	Pecan Room
8:40 am – 9:30 am	Law Practice Succession & Exit Planning <b>Bill Harvit, J.D.</b>	Pecan Room
9:40 am - 10:30 am	Pressure Points: Navigating a Path to Lawyer Well-Being <b>Ashley Hardesty Odell, J.D.</b>	Pecan Room
10:40 am – 11:30 am	When Personality is Driving the Bus: Unique Aspects of Evaluating, Treating & Monitoring the Difficult Professional <b>Lacey Herrington, PhD</b>	Pecan Room
11:40 am – 12:30 pm	Tools for Achieving Inner Peace in a Chaotic World <b>James “Wolf” Yoxall, MA, CSC</b>	Pecan Room
12:30 pm - 1:30 pm	Break for Lunch (on your own)	
1:30 pm - 7:00 pm	Free Time for Networking, Golf, and other Family Park Activities	
7:00 pm – 9:00 pm	<b>Chief Justice Award by Chief Justice Tim Armstead</b> Banquet & Keynote Speaker/Reconnecting With Ourselves & Others to Thrive in the Legal Profession and Beyond <b>Shannon Smith, M.D.</b>	Pecan Room

## Sunday, May 19, 2024

8:00 am - 9:00 am	Registration & Continental Breakfast (Snacks/refreshments available 8am-11am)	
9:00 am - 10:50 am	Reconnecting With Ourselves & Others to Thrive in the Legal Profession and Beyond: Continuing the Conversation <b>Shannon Smith, M.D.</b>	Pecan Room
11:00 am - 11:50 am	WV Task Force on Lawyer Well-Being Report <b>Justice Elizabeth Walker, Michele Grinberg, J.D., Karen Kahle, J.D., &amp; Ashton Bias Harrell, J.D.</b>	Pecan Room